

Cyflwynwyd yr ymateb i ymgynghoriad y [Pwyllgor Iechyd a Gofal Cymdeithasol](#) ar [dyfodol ymarfer cyffredinol yng Nghymru](#)

This response was submitted to the [Health and Social Care Committee](#) consultation on [the future of general practice in Wales](#)

GP53 : Ymateb gan: | Response from: Dr Naomi Potter

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Please see below my thoughts

Many thanks

Dr Naomi Potter  
Salaried GP

[REDACTED]  
evidence is submitted as an individual, I am over 18 ([REDACTED])  
I am happy for my name to be published alongside my evidence  
Information doesn't need to be treated as confidential  
No third party details

The life of a GP and how things have changed.

In the eyes of many I work 'part time'.

My 'part time' hours are ~7.30am - often near 7pm just shy of a 12 hour day and I do 6 sessions, so 3 full days equating to nearly 36 hours.

To put into perspective I had a look online and it states

In the UK, while there's no legal definition of full-time hours, a full-time position typically involves working 35 hours or more per week, with 37.5 and 40 hours being common. Part-time work is generally defined as working fewer hours than a full-time role, often under 35 hours per week.

I often don't stop for lunch and feel I start the day with an imaginary timer and a feeling 'How much can I get done in the time today?'

There is just not enough time to get all the work done in 'normal hours.'

The main issues

- **Not enough funding for primary care**
- **Poor distribution of money – Carr-hill formular is outdated and needs review**
- increased demand from patients
- Increased workload from secondary care
- Increased expectation from patients

- GP has become the dumping ground for many other service – ‘GP to kindly....’
- Work load ‘dumps’ from private sector
- Issues for Partners on the business side of things, building costs, NI increase etc
- Infra structure changes and effects of this
- Comparison to hospital consultants salary a lot less – less attractive to work in GP
- Job plans – no time for allocated admin and CPD
- Issues with recruitment and retainment of staff due to funding, competitive salary, job satisfaction
- Low morale due to increased demand on staff
- Burn out!

What used to be a highly satisfying job feels has become a feeling of wading through treacle and one step forward 10 steps back.

I still have a long way to go in my career but have questioned if I want to continue for many of the reasons above.

I know you will receive many similar responses and I hope you will see and be able to make some changes.

The biggest change at the top would be for more funding and this in turn would at least start to help in terms of

- Recruiting more staff
- Availability of appointments for patients
- Staff and patient satisfaction

Thank you for reading